

# STRENGTH & COURAGE

## Daily 10 for 10 Devotion

**WEEK 1:** *What is a 10 for 10?*

*A 10 for 10 is a strategy for the study of Scripture that involves finding a place alone—at least 10 feet away from anyone else—to read and reflect on the Word of God for just 10 minutes.*

*How to use this guide:*

*Personal alone time, virtually with a friend or group, or as a family—whoever you're with—take time to read the scripture for the day. Most passages are short enough that you can read them more than once. Use the reflection points to guide your reading. After the 10 minutes, come together and use the reflection to have a discussion about what you've read. End with a time of prayer.*

**April 6** Reading: Psalm 36:5-11

Reflection: This Psalm compares the righteousness of the Lord to “the mighty mountains,” among other things. Can you think of other ways to speak about the characteristics of God, either from scripture or from your heart?

**April 7** Reading: 1 Corinthians 1:18-31

Reflection: What does this mean for the way you live today? In what ways is the “wisdom” of the world different from what Christ preached?

**April 8** Reading: Psalm 70

Reflection: The psalmist shows us an example of how to cry out to God in our need. Think of a recent time when you cried out to the Lord. What did you pray?

**April 9** Reading: John 13:1-17; 31-35

Reflection: In this part of 2020, we find ourselves in a unique time where we may not be able to serve people in our usual ways. What are ways you can follow Jesus' example service through foot-washing even now? What are some ways you've been served?

**April 10** Reading: John 18:1-19:42

Reflection: Though we know how the story ends, Good Friday can still be a mournful and sorrowful time. As you reflect on Christ's death on the cross, Judas' betrayal, and Peter's denial, what stands out to you? In what ways are you convicted by this reading?

**April 11** Reading: 1 Peter 4:1-8

Reflection: What does the command to “maintain constant love for one another” mean to you today? How does that impact the way you're spending your day-to-day life?

**April 12** Reading: Romans 6:3-11

Reflection: Your Easter might look different this year than usual. This does not change the fact of Christ's resurrection and His victory over death. How can you share this Good News with others in the midst of this season?